



VAHSA Virtual Directors' Council Agenda

June 23-25, 2020



Tuesday, June 23, 2020

8:30 – 9:00 am	Please join us as you log in for a game with door prizes by our Platinum Corporate Partner, Athem Healthkeepers Plus.
9:00 – 9:10 am	Welcome and Housekeeping, led by Dawn Ault
9:10 – 11:30 am	<p>Trauma & Resilience Workshop #1</p> <p><i>John Richardson-Lauve, Child Savers</i></p> <p>Trauma is a burden that too many of our young people have to deal with. Our childcare professionals also have their own experiences of trauma. And COVID-19 has created a shared trauma for all of us. Understanding how trauma impacts the brain and behavior will help us understand better how to help ourselves and support others. We will learn about the biological, social, and emotional aspects of how trauma expresses itself across ages and experiences.</p>
10:15 - 10:30 am	Break – Please feel free to join us for time with our Gold Partner, Denta Quest
11:30 am – 1:00 pm	Lunch – Stretch Break
12:45 – 1:00 pm	Please feel free to join us for time with our Gold Partner, Discount School Supply
1:00 – 3:00 pm	<p>The Current Head Start Landscape, Tommy Style!</p> <p><i>Tommy Sheridan, Senior Director of Governing Affairs, NHSA</i></p> <p>Back by popular demand every year, Tommy will provide NHSA updates, especially in light of COVID-19, with time for Q & A etc.</p>
3:00 – 3:15 pm	Closing, wrap up Day 1 in preparation for tomorrow, led by Dawn Ault
3:15 – 3:30 pm	Conclude your day or regroup for 3:30 Virtual Happy Hour
3:30 – 4:30 pm	<p>Optional Virtual Happy Hour: Social time with colleagues on Zoom, making the best of it!</p> <p>Change your Zoom background to the beach, grab your favorite beverage or appetizer, and let's relax together. As we know, some of our best times together are off the record!</p>

Wednesday, June 24, 2020

8:45 – 9:00 am	Please join us as you log in for time with our Gold Partner, Lakeshore Learning
9:00 – 9:10 am	Welcome back, scholarship announcements, housekeeping led by Dawn Ault



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9:15 – 11:30 am	<p>Trauma & Resilience Workshop #2</p> <p><i>John Richardson-Lauve, Child Savers</i></p> <p>Resilience is the medicine we prescribe when an individual has experienced trauma. Understanding how to effectively help is essential to overcoming. We will unpack elements of resilience and how we can effectively apply them in our relationships with the children we serve, our staff, our families, and ourselves.</p>
10:15 - 10:30 am	Break – Please feel free to join us for time with our Gold Partner, Bluefield College
11:30 am – 1:00 pm	Lunch – Stretch Break
12:45 – 1:00 pm	Kaplan is unable to join us, but they are donating the Zoom Bingo prize.
1:00 – 3:00 pm	<p>Trauma & Resilience Workshop #3</p> <p><i>John Richardson-Lauve, Child Savers</i></p> <p>Application of resilience-based practices is essential in the early childhood classroom. We will focus on the implementation of these practices in practical and innovative ways for our classrooms and our lives.</p>
3:00 – 3:15 pm	Conclude the day, questions & parking lot preparation for tomorrow

Thursday, June 25, 2020

9:00 – 9:25 am	<p>Back by Popular Demand! Dr. Kimberly P. Johnson, https://www.simplycreativeworks.com/, will motivate and inspire us to keep our eye on our mission and passion for working with children and families. This is a “don't miss” opportunity to become recharged and rejuvenated!</p>
9:30 – 10:30 am	<p>Trauma & Resilience Workshop #4</p> <p><i>John Richardson-Lauve, Child Savers</i></p> <p>Our lives change based on what we do with what we know. Knowing these elements of trauma-informed care and resiliency-based practices, we will discuss the “what's next” and the opportunities for change.</p>
10:30 – 11:30 am	<p>Regional Office Updates</p> <p><i>Kathleen Pathan, Supervisory Program Specialist, Office of Head Start</i></p> <p>Head Start State Collaboration Office Updates</p> <p><i>Taundwa Jeffries, HSSCO Director</i></p> <p>Virginia Head Start Updates & Conference Conclusion</p> <p><i>Dawn Ault, Executive Director, VAHSA</i></p>