



VAHSA Virtual Directors' Council Agenda

June 22-23, 2021



Tuesday, June 22, 2021

9:00 – 9:05 am	Welcome and Housekeeping, led by Dawn Ault
9:05 – 10:00 am	<p>If Not Now, When? Making the Most of Your Life, Your Relationships, and Your Work <i>Ron Culberson, National Speaker Author Humorist</i></p> <p>When we look back on our lives, most of us will want to be remembered by our positive character, the choices we made, and the impact our life and work had on others. The challenge before us is that we can't put this off until later in life. The best time to work on the process is now. Since we never know what tomorrow will bring, we need to make the most of the time we have by making the most of every moment. This hilarious and insightful presentation will show participants how to make their lives, their work, and their relationships less stressful, more fulfilling, and more fun. Specifically, this presentation will help participants:</p> <ul style="list-style-type: none"> • Understand that much of life and work is out of our control • Focus on the present moment and understand the power of being present • Connect and communicate more effectively with others • Be more effective and more fulfilled in the work they do
10:00 – 10:15	Break
10:15 - 11:15 am	<p>Part 1: Living Intentionally a Little Bit Each Day; Bringing Those Goals to Fruition <i>Brenda Workman - Empowerment speaker, whole-food, plant-based diet enthusiast, and inspirational blogger.</i></p> <p>It is easy to get caught up in the busyness of our day and just go through the motions. Years go by and we realize we haven't accomplished what we had hoped. Life is short. We must live intentionally. Brenda explains in this workshop how to live intentionally by setting goals and working on them a little bit each day. As your goals are realized, you become empowered to work on more goals. Brenda will cover eight very practical steps for achieving your goals. You will discover you are able to live life on purpose and with intention easily, a little bit each day.</p>
11:15 am – 12:00 pm	Lunch – Stretch Break
12:00 – 1:00 pm	<p>Part 2: Inspiring Your Staff to Live Intentionally by Incorporating a Community of Practice <i>Brenda Workman</i></p> <p>How can your staff perform well when they are burned out and neglecting their own self-care? You can help them by creating a community of practice that will inspire and motivate them to live intentionally, making goals become reality in their lives. In this presentation, Brenda will cover eight steps to forming an "Intentional Living Community of Practice". As your staff members begin to take time for reflection & planning, they will experience opportunities for growth. As a result, they will perform at a higher level, both professionally and personally.</p>
1:00 – 1:15	Break
1:15 – 3:15	<p>The Current Head Start Landscape, Tommy Style! <i>Tommy Sheridan, NHSA Deputy Director</i></p> <p>Back by popular demand every year, Tommy will provide NHSA updates with time for Q & A</p>
3:15 – 3:30 pm	Break, get painting supplies
3:30 <i>Great time to network!</i>	<p>Optional: Paint Party Part 1</p> <p>3:45-4:00 Brenda Workman, Bluefield College, will talk to us about ECE higher education opportunities and discounts</p>



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9:00 – 9:05 am	Welcome back and announcements, led by Dawn Ault
9:05 – 11:30 am	<p>Responsive Transitions: Using Development as a Guide Part 1 <i>Katie Miller and Beth Vorhaus, National Center on Early Childhood Development, Teaching, and Learning (NCECDTL)</i></p> <p>As programs plan for transitions, including changes in virtual or in person settings, strategies for supporting a successful transition are more important than ever. In this session we'll explore best practices in transitions, including partnering with families and receiving schools and programs as well as special considerations to support children with disabilities. Participants will explore responsive transition strategies for children, families, and staff and learn about social emotional support strategies.</p> <ul style="list-style-type: none"> • What makes a quality transition? • Consistency and routines • Transitions using child development as a guide • Making a transition plan • Special transitions considerations
Approx. 10:15 am	15 min break
11:30 am – 1:00 pm	<p>Lunch – Stretch Break –</p> <p>Jonathan Hudson, Lakeshore Learning, 12:30-12:45, there will be door prizes!</p> <p>Kent Berryman, Anthem HealthKeepers Plus, 12:45-1:00, there will be door prizes!</p>
1:00 – 3:00 pm	<p>Responsive Transitions: Using Development as a Guide Part 2</p> <ul style="list-style-type: none"> • Strategies to support transitions in multiple contexts • Transition Plan Application • Social Emotional Application
Approx. 2:00 pm	15 min break
3:00 - 3:15 pm	Closing, led by Dawn Ault
3:15 – 3:30 pm	Break, get painting supplies
3:30 Great time to network!	Optional: Paint Party Part 2, <i>for details see Tues. 3:30 above</i>

Thursday, June 24, 2021

9:00 – 9:15 am	<ul style="list-style-type: none"> • Conclude/Wrap Up, Conference Insights, Take-Aways, Evaluation
9:15 – 9:30 am	<ul style="list-style-type: none"> • Kristen Gilliam, Smiles For Children Executive Director, and Chernise Harris, Smiles For Children Outreach Coordinator • They will be sharing some exciting information about the new comprehensive adult dental Medicaid benefit that will begin on July 1 through Smiles For Children. Smiles For Children is Virginia's Medicaid, FAMIS and FAMIS Plus dental program.



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9:30 – 11:00 am	<ul style="list-style-type: none">• VAHSA & HSSCO Updates• Director Networking / Roundtable/ Break out Groups• This meeting time will be in lieu of our usual Friday 10:00 am Zoom call with Directors. A separate link will be sent out for this meeting. It is open to all VA Directors/Managers, whether they attended the conference or not. Our intention is to offer this time as a conclusion to the conference week but also because several Directors have conflicts every Friday and cannot attend the Zoom meetings in person