



# VAHSA 2023 Health Institute Workshop Schedule

## Tuesday, March 21, 2023

Hillsdale Conference Center | 550 Hillsdale Drive | Charlottesville, VA 22911

**8:15 - 8:45 am**      **Registration Open** (no registration the night before)  
 Note: Breakfast is on your own, feel free to bring it with you, coffee will be provided.  
 Networking time  
 Visit Exhibitors in the Classroom today – they will be present Tuesday only  
 Door prizes drawings will be held at 4:00 pm, must be present to win!

**8:45 – 9:00**      **Opening** Introductions & Welcome, Dawn Ault, VAHSA Executive Director

**9:00 – 9:15**      **Wolf Trap Energizer!** – Terlene D. Terry-Todd, Master Teaching Artist for the Wolf Trap Institute for Early Learning through the Arts

<b>9:15 – 10:45</b> <b>Back to Basics: Safety First <i>Part 1</i></b>	<b>Presenters</b>
Due to ongoing events from the pandemic, program leaders and staff are experiencing changes that have significantly impacted our ability to maintain a culture of safety. The increase in child incidents related to children being left unattended or child maltreatment is evidence that we need to intensify our efforts to vigorously implement strategies that ensure children are safe at all times while under our care. This requires intentional, focused, and constant supervision. In this session, participants will identify strategies that make the connections between leadership, staff supervision, strong management systems, high-quality teaching and learning, family engagement, staff wellness, and child safety.	Co-led by Region 3 TTA: Sally Byard, TTA Coordinator and Rashanda Jenkins, Health Specialist

**10:45 – 11:00**      **Stretch break with snacks provided**

<b>11:00 – 12:30</b> <b>Back to Basics: Safety First <i>Part 2</i></b>	<b>Presenters</b>
Continuation and conclusion of the morning session. See previous description.	Sally Byard and Rashanda Jenkins

**12:30 – 2:15**      **Lunch on your own, many restaurants nearby**

*Remember to visit Exhibitors in the Classroom – today only – Door prizes today at 4:00 pm*



**V A H S A**  
**HEALTH INSTITUTE**  
 MARCH 21- 22, 2023  
 CHARLOTTESVILLE, VA

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2:15 – 3:15 pm It Takes a Village...Supporting Children’s Social and Emotional Well-being	Presenter
<p>“It takes a village to raise a child” is an African proverb that means an entire community of people must interact with children for those children to grow in a safe and healthy environment. The Region 3 TTA Network would like to be a part of your village to support children’s social and emotional well-being. In this session, participants will discuss a variety of effective practices supported by Region 3 TTA Specialists, for preventing and addressing behaviors that challenge adults.</p>	<p>Region 3 TTA Team Member Beth Beals, Early Childhood Specialist</p>

**3:15 – 3:30**      **Stretch break with snacks provided**

3:30 – 4:00      A Look Back and A Look Ahead	Presenter
<p>A Look Back: Take-aways from Covid, take-aways from today’s training, etc.            A Look Ahead: What do we see on the horizon? Networking, Roundtable Discussion</p>	<p>Dawn Ault</p>

**4:00**      **Door prize drawings, must be present to win - thank you to our Exhibitors:**



**Anthem HealthKeepers Plus**  
 Offered by HealthKeepers, Inc.

**Kent Berryman: Medicaid Territory Manager**

[earl.berryman@anthem.com](mailto:earl.berryman@anthem.com)



**Jonathan Hudson: Regional Manager**

[jhudson@lakeshorelearning.com](mailto:jhudson@lakeshorelearning.com)



**Altise Street: Regional Manager**

[altise.street@greatdentalplans.com](mailto:altise.street@greatdentalplans.com)



**Jose’ Martinez: Strategic Partnerships**

[jmartinez@kindersystems.com](mailto:jmartinez@kindersystems.com)



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**WOLF TRAP** | INSTITUTE FOR  
EARLY LEARNING  
THROUGH THE ARTS

*Wolf Trap Institute for Early Learning Through the Arts is a program of Wolf Trap Foundation for the Performing Arts.*

**Annie Mancuso: National Services**

**anniem@wolftrap.org**

**WALDEN  
UNIVERSITY**

*A higher degree. A higher purpose.*

**Monique Raulston: Talent Solutions**

**monique.raulston@mail.waldenu.edu**



BRENDA WORKMAN  
SPEAKS

**Brenda Workman: Food for Life Instructor**

**Brenda@Brendaworksmanspeaks.com**



*We Supply Your Future™*

**Alec Perez: Territory Manager**

**aperez@schoolhealth.com**



**1-800-222-1222**

**Kristin L. Wegner: Education Coordinator**

**Blue Ridge Poison Center, UVA**

**klw2s@uvahealth.org**



*Cancer Action Coalition of Virginia*

**Victoria Zwicker**

**Cancer Action Coalition of Virginia**

**victoria.zwicker@vdh.virginia.gov**

**Iqra Haji**

**UVA Cancer Center, Education Project Mgr.**

**aay3kj@uvahealth.org**



## VAHSA 2023 Health Institute Workshop Schedule

**Wednesday, March 22, 2023**

Hillsdale Conference Center | 550 Hillsdale Drive | Charlottesville, VA 22911

**8:00–8:30 Arrive and Social Networking Time**

Breakfast is on your own, feel free to bring it with you, coffee will be provided.

<b>8:30–10:30 Emergency Preparedness Response &amp; Recovery (EPRR)</b>	<b>Presenter</b>
<p>This interactive session will support participants in planning for emergencies. Emergency Preparedness includes planning and preparation in the event of disasters, pandemics, staff training, parent planning and information, dealing with disaster recovery, and psychological first aid to support children, staff, and families who have been through traumatic emergency events. Participants will learn what you need to do to prepare for emergencies, understand the different types of responses, identify actions to take during the recovery phase and explore resources to assist programs with Emergency Preparedness Response and Recovery.</p>	<p>Region 3 TTA Team</p> <p>Led by Rashanda Jenkins, Health Specialist</p>

**10:30 – 10:45 Stretch break with snacks provided**

<b>10:45 – 11:45 It Takes a Village... Establish and Maintain HSAC Part 1</b> <i>“Alone we can do so little, together we can do so much: - Helen Keller</i>	<b>Presenter</b>
<p>The Office of Head Start requires recipients to establish and maintain a Health Services Advisory Committee (HSAC) to support children’s healthy development. HSAC’s are comprised of local health, dental and behavioral health providers, as well as Head Start parents, staff, volunteers, and community partners. Effective community partnerships are an essential key to maintaining and sustaining an effective HSAC. In this session, participants will review the foundations for building and maintaining an HSAC, discuss the importance of involving and engaging key stakeholders and community partners, identify and share best practices and strategies for sustainability and retention, and explore processes for continuous quality improvement.</p>	<p>Region 3 TTA Team</p> <p>Led by Rashanda Jenkins, Health Specialist</p>

**11:45 – 1:00 pm Lunch on your own**



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<b>1:00 – 2:00 It Takes a Village... Establish and Maintain HSAC <i>Part 2</i></b>	<b>Presenter</b>
Continuation and conclusion of the morning session. See previous description.	Rashanda Jenkins

**2:00 – 2:15**            **Stretch break with snacks provided**

<b>2:15 – 4:15 HSAC and FSW Network Meetings</b>	<b>Facilitators</b>
Health Services Advisory Committee Meeting – Main Ballroom	Julie Greene
Family Services Network Committee Meeting - Classroom	Dr. Pam Waddell

**4:15 – 4:30**            **Conclusion** - All back together in Main Ballroom  
Evaluation, Glows and Grows

**Thank you for coming to the VAHSA Health Institute conference!**  
**Wishing you safe travels home.**  
***Remember: Safety First!*** 😊