



DIRECTORS CONFERENCE

JUNE 13-15, 2023

VIRGINIA BEACH, VA

Tuesday, June 13, 2023

<p>8:30 am to 11:30 am</p>	<p>Registration Opens (no registration on Monday)</p>
<p>9:00 am to 11:15 am Sunset Ballroom</p> <p>Breakfast on your own</p> <p>Stretch break, time TBA as needed</p>	<p>Target Audience: <i>This is targeted for those 2 years or less in current leadership position; however seasoned leaders are welcome to join us. The main conference starts at lunchtime with an afternoon agenda.</i></p> <p>Title: New Directors Bootcamp Let's Get Back to Basics!</p> <p>Presenter: Dr. Deborah Bergeron (a.k.a. Dr. B), NHTSA Deputy Director, Community Engagement & Innovation</p> <p>Description: Being a new Head Start/Early Head Start Director is always a challenge. In today's climate, that challenge can feel even greater. Join Dr. B and your fellow new directors and dig into the basics of running a federal Head Start program. We'll use the Head Start Program Performance Standards to identify key responsibilities new leaders must embrace to be successful. Come and be prepared to collaborate with your peers and leave with new ideas for tackling this complex job.</p>
<p>11:30 pm to 12:30 pm Sunset Ballroom</p>	<p>Directors Conference Officially Begins - Buffet Luncheon Announcements and view new VAHSA recruitment videos: Dawn Ault (While finishing lunch)</p>
<p>12:45 pm to 1:15 pm Monitor Room</p>	<p>Title: Lessons Learned: Reflections of a 45-year Career in Head Start: Believe in Yourself and Act with Confidence</p> <p>Presenter: Mary Ann Cornish, Higher Horizons</p> <p>Description: Self-confidence is one of the most important criteria when it comes to influence, leadership, and success. Yet most highly skilled people are unsure about their abilities. While there is nothing wrong with doubt, and we all feel the presence of doubt, it should not stop us from acting with conviction when required. We must always take the "healthy" doubt into consideration, consider different opinions and perspectives, and then speak and act with confidence. Mary Ann's presentation will share key survival skills realized during her 45-year career in Head Start and Early Head Start.</p>



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<p>1:30 pm to 3:30 pm Sunset Ballroom</p>	<p>Title: The Current National Head Start Landscape, Tommy Style!</p> <p>Presenter: Tommy Sheridan, Deputy Director, NHSA</p> <p>Description: Back by popular demand every year, Tommy will provide NHSA updates, updates on the President’s Budget Proposal, Budget Appropriations, ongoing issues related to Covid19, Reauthorization, time for Q & A etc.</p>
<p>*3:45 pm to 4:45 pm Sunset Ballroom</p>	<p>Title: VACAP Head Start Committee Meeting, strategize current issues affecting Head Start CAPs with Tommy Sheridan & Dawn Ault</p> <p>Target Audience: *Community Action Agencies and other non-school division Recipient Agencies</p>
<p>*3:45 pm to 4:45 pm Monitor Room</p>	<p>Title: Networking time, share successes and challenges with coordinated enrollment – led by Taundwa Jeffries</p> <p>Target Audience: *Head Start School Division Recipient Agencies</p>



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Wednesday, June 14, 2023

<p>7:30 am to 8:30 am</p>	<p>Buffet Breakfast - Sunset Ballroom 8:15 am – Words from Anthem Health Keepers Plus (while finishing breakfast)</p>
<p>8:45 am – 9:15 am</p>	<p>Vendor Speed Networking - Monitor Room No explanation – join us to find out!</p>
<p>9:30 am to 11:45 am</p> <p>Stretch break, time TBA as needed</p>	<p>Title: What Can You Control? – Part 1 Presenter: Tammy Jelinek - WIPFLI Description: Since the 1960's what you do matters to your community. As program and financial leaders of Early/Head Start (E/HS) programs you know there are complex compliance responsibilities. Between finance guidelines of how to allowably spend funds, to program safety initiatives, all while helping children and families through numerous individual needs, there is a lot to juggle. For over 40 years Wipfli has been there right alongside you with regulatory updates, best practices, thought leadership, and more. We are in this together.</p> <p>Join us for this 1-day session to talk through what we can control within our agencies and how we can best blend regulations, best practices, and action planning to problem solve. We will share what is happening around the country in other E/HS programs, along with what we are hearing in Washington DC. We will explore and address the current staffing shortages. We will identify the nuances of the future of ERSEA. We will address financial concerns. You have the opportunity to bring forth your most pressing questions. And throughout this day of training we will celebrate the successes, remind ourselves the why behind the guidelines, and walk away with an opportunity to continue serving the most vulnerable children and families in our communities, as we have for over six decades. If you're new, if you've been around a while and want a refresher, if you're program oriented, or if you're fiscal oriented... let's come together for an in-depth look at where things are in the E/HS world and how we can plan for the future. There will be something for everyone.</p>
<p>11:45 pm to 12:30 pm</p>	<p>Boxed Lunch - Sunset Ballroom or take outside</p>
<p>12:30 pm to 1:15 pm</p> <p>Monitor Room</p>	<p>Regional Meetings – Network with others in your geographic region, collaborate with your neighbors! - Led by Dawn Ault & Taundwa Jeffries</p>
<p>1:30 pm to 4:30 pm</p> <p>Sunset Ballroom</p>	<p>What Can You Control? – Part 2: Tammy Jelinek – WIPFLI This is a continuation of the morning session, refer to Part 1 description above.</p>
<p>4:45 pm to 6:00 pm</p>	<p>After Hours - sponsored by Platinum Partner Anthem Health Keepers Plus Sunset Ballroom deck overlooking the ocean</p>



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Thursday, June 15, 2023

Breakfast on Your Own	
9:00 am to 9:30 am	Updates from Taundwa Jeffries, Head Start State Collaboration Office Director
9:30 am to 10:20 am	<p>Title: “Emerging Resilient” ~ Soulful Strategies to Lead Boldly and Burn Brightly without Burning Out.</p> <p>Presenter: Christina Kunkle, CTA Certified Life and Wellness Coach, R.N.</p> <p>Part 1 Elevate Your Energy, Change Your Life - In this session you will receive:</p> <ul style="list-style-type: none"> • An Integrative Energy Assessment to get a glimpse into Your 5 Energy Layers of Health & Well-being: Spiritual, Mental, Emotional, Vibrational, and Physical. • Guidance into self-inquiry and self-leadership. Where do you need to generate energy? Where do you need to preserve it? Deflect it? Release it? • Calming Neuro-Resilience techniques to boost clarity, confidence, and creativity. • Tips for Turning Toxic Success Habits into Proactive Soul-Care Practices. • Empowering tools for connecting to a higher level of Self-Awareness (to live by design, not default), Embracing healthy Self-Love (to love others more), and serving in the highest way through Self-Leadership (to lead others better).
10:20 am to 10:30 am	Stretch Break
10:30 am to 11:20 am	<p>Part 2 How to Uplevel Your Personal Power and Create Balanced Success</p> <ul style="list-style-type: none"> • Learn the Upside of Overwhelm and Why it’s Good News. • Embrace 6 Steps to Personal Freedom with the Balanced Success Formula. • Step into Certainty and Keep Your Power using the Self-Leadership Model. • Overcome Resistance and Find Your Flow with “Rut to River Stories”. • Move through the 3 Phases in the Cycle of Expansion (Initiation, Innovation, and Emergence) to Live and Lead from your Core Values. • Rise to new Levels of Professional Fulfillment as Highest Version of Yourself.
11:20 am to-11:30 am	Q & A with Christina Kunkle, closing comments regarding both morning sessions
11:30 am to 11:45 am	Closing Comments and Feedback – Where do we go from here? Dawn Ault